

BY VIDEOPLUS

1-800-752-2030 www.videoplus.com

COMPANY NAME (PUBLIC NAME)	EXCHANGE	SYMBOL	TYPE OF SALES	2002		PE RATIO	EPS	52		NOVEMBER MONTH CLOSE	DECEMBER MONTH CLOSE	MONTH % CHANGE	YTD % CHANGE
				YEAR END	CHANGE			WEEK HIGH	WEEK LOW				
ADVANTAGE MARKETING SYSTEMS	AMEX	AMM	NM	1.31	-49%	N/A	-0.86	6.75	1.10	5.5	4.09	-26%	212%
AVON PRODUCTS, INC.	NYSE	AVP	DS	53.87	16%	27.1	2.49	69.75	48.93	68.5	67.5	-1%	25%
BRAIN GARDEN (WHOLE LIVING INC.)	OTC BB	WLIV	NM	0.21	-45%	N/A	-0.05	0.99	0.14	0.55	0.6	9%	186%
CELL TECH INTERNATIONAL	OTC BB	EFLI	NM	0.2	0%	N/A	N/A	0.27	0.12	0.2	0.2	0%	0%
COGNIGEN NETWORKS	OTC BB	CGNW	NM	0.38	-58%	N/A	0.01	0.60	0.20	0.2	0.25	25%	-34%
DISCOVERY TOYS, REGAL GREETINGS (EOS INTERNATIONAL)	OTC BB	EOSI	DS	0.42	-86%	N/A	N/A	2.00	0.25	1	0.44	-56%	5%
FULLER BRUSH & STANLEY HOME (CPAC INC.)	NASDAQ	CPAK	DS	5.051	-32%	25.2	0.24	6.99	4.85	6.179	6.04	-2%	20%
MANNATECH	NASDAQ	MTEX	NM	1.62	-43%	45.4	0.24	14.00	1.42	12.2	10.89	-11%	572%
NATURAL HEALTH TRENDS	OTC BB	NHLC	NM	2.00	33%	6.7	1.57	11.55	0.67	7.91	10.5	33%	425%
NATURE'S SUNSHINE PRODUCTS	NASDAQ	NATR	NM	9.71	-17%	35.1	0.24	11.25	6.65	8.07	8.42	4%	-13%
NU SKIN ENTERPRISES, INC.	NYSE	NUS	NM	11.97	37%	21.9	0.78	17.98	8.75	17.37	17.09	-2%	43%
PRE PAID LEGAL SERVICES	NYSE	PPD	NM	26.2	20%	11.5	2.28	29.99	15.80	26.61	26.12	-2%	0%
RELIV INTERNATIONAL	NASDAQ	RELV	NM	4.66	273%	24.5	0.22	6.90	2.60	5.69	5.39	-5%	16%
ROYAL BODYCARE	OTC BB	ROBE	NM	0.07	-50%	N/A	N/A	0.48	0.05	0.26	0.41	58%	486%
TUPPERWARE	NYSE	TUP	PP	15.08	-22%	18.4	0.94	17.53	12.05	15.41	17.34	13%	15%
USANA, INC.	NASDAQ	USNA	NM	12.05	896%	37.3	0.82	39.49	4.75	33.51	30.6	-9%	154%
USBORNE BOOKS AT HOME	NASDAQ	EDUC	PP	8.15	48%	21.6	0.51	13.86	7.75	11.4	11.03	-3%	35%

REVENUE FROM DS,NM,PP LESS THAN 50% OF TOTAL REVENUE

ANNASA (NATROL)	NASDAQ	NTOL	DS	1.15	N/A	N/A	-0.01	3.55	1.04	3	2.79	-7%	143%
CARE ENTREE (PRECIS, INC.)	NASDAQ	PCIS	NM	5.52	-55%	9.7	0.40	6.53	2.67	3.77	3.88	3%	-30%
HMI INDUSTRIES (FORMERLY HEALTH-MOR)	NASDAQ	HMII	NM	0.7	0%	N/A	N/A	1.05	0.51	0.95	0.58	-39%	-17%
KIRBY & WORLD BOOK (BERKSHIRE HATHAWAY INC.)	NYSE	BRK/A	DS	72,750.00	-4%	18.6	4526.00	84700.00	60600.00	83,750.00	84,050.00	0%	16%
PARTYLITE (BLYTH INDUSTRIES INC.)	NYSE	BTH	PP	26.76	15%	16.8	1.92	32.40	23.46	30.05	32.22	7%	20%
PRIMERICA FINANCIAL SERVICES (CITIGROUP INC.)	NYSE	C	NM	35.19	-30%	16.2	2.99	49.15	30.25	47.03	48.54	3%	38%
SARA LEE	NYSE	SLE	DS	22.51	1%	15.6	1.41	23.13	16.25	20.55	21.97	7%	-2%
TIME-LIFE DIRECT, SOUTHERN LIVING AT HOME (TIME WARNER INC.)	NYSE	TWX	DS	13.1	-59%	N/A	-9.64	18.43	9.90	16.28	17.99	11%	37%

FOREIGN STOCKS

GOLDSHIELD GROUP PLC (CHANGES GOLDEN PRIDE RAWLEIGH)	LONDON	GB:289382	NM	3.25	N/A	N/A	-0.07	N/A	N/A	3.36	3.81	13%	17%
TELECOM PLUS plc	LONDON	GB:87947	NM	N/A	N/A	N/A	N/A	N/A	N/A	6.28	7.07	13%	N/A
YAMANOUCHI PHARMACEUTICALS (SHAKLEE)	JAPAN	JP:4503	NM	28.96	N/A	18.8	1.66	N/A	N/A	28.73	31.14	8%	8%

AVERAGE % OF CHANGE

DOW JONES INDUSTRIALS				8341.63	-17%			9,903.57	7,416.64	9,782.46	10,453.92	7%	25%
S&P 500				879.82	-23%			1,063.65	788.9	1,058.20	1,111.92	5%	26%
NASDAQ COMPOSITE				1335.51	-32%			1,992.27	1,253.22	1,960.26	2,003.37	2%	50%

NOTES:

USANA SPLIT 2 FOR ONE ON OCTOBER 30TH
RELIV SPLIT 5 FOR 4 ON NOVEMBER ON NOVEMBER 13TH